

Shabbat, 14TH December 2024 /13TH Kislev 5785
Shabbat Vayishlach

Shabbat Service Times

Shacharit

No Mincha Service

Shabbat Ends

Ma'ariv at Ilford Federation

Next Friday: Candle Lighting

Kabbalat Shabbat



9.30am

4.46pm

5.10pm

3.38pm

*This week's Cranbrook News is kindly sponsored by
Sam Blitz, Barry Blitz and Sandra Baum in loving memory of their parents,
Phyllis & Jack Blitz's 77th Wedding Anniversary.*



To Howard Crammer, Edna Graham, Myra Hilton, Sandra Marks and Pearl Wallman on their respective Birthdays.

Torah Reading

Leyning: Vayishlach

Rabbi Danský

Sefer Genesis 32:4-36:43

Artscroll p170, Cohen/Soncino P195 Hertz p122

Haftorah: Obadiah 1:1-21

Arnold Rose

Artscroll p1139, Cohen/Soncino P220 Hertz p135



WEEKLY SERVICE TIMES W/B 15TH DECEMBER

Shacharit – at Ilford Federation Synagogue

Sunday at 8.30am; Monday at 7.20am, and Tuesday at 7.30am.

Shacharit –at Cranbrook United Synagogue

Wednesday at 7.30am, Thursday at 7.20am and

Friday 7.30am

Mincha at Chabad Gants Hill at 1.30pm Monday to Thursday

Mincha/Ma'ariv at Ilford Federation Synagogue

Ma'ariv Saturday 5.10

Sunday Mincha/Ma'ariv at 3.35pm, Monday and Tuesday at 7.30pm

Ma'ariv at Cranbrook United Synagogue Wednesday 7.30pm & Thursday at 7.30pm



Please see website & noticeboard for full list of weekly service times



LILY'S

Bat Mitzvah

CHALLAH BAKE!

Thursday 16th January 2025

7-9pm

(RSVP by 13th January)

*Raising money for
Yad Vashem*

**£7.50 per adult £5 per child
£20 a family**

**With special guest
Elisheva Goldschmidt**

**To book please call the Office office on
0208 629 2780 or**

admin@cranbrooksynagogue.org.uk

On line at

www.theus.org.uk/CranbrookChallahBake



**Recipes in Memory of October 7th to
take home**

Lily's Batmitzvah Twinning Project with Yad Vashem will be a chance for Ladies to come together to create the Mitzvah of making Challah.



Please note that Rabbi Dansky's weekly Shiurim will now take place via Zoom on Wednesdays at 10.00am.

Next Shiur – 18th December

Join Zoom Meeting

<https://us02web.zoom.us/j/81216388053>

Meeting ID: 812 1638 8053

Passcode: 403506

We wish the following members, who have Yahrzeit in the coming week, a long life:

Raymond Benn, Barry Berg, Louis Bronzite, Sarah Cohen, Stephen Colman, Jacquelyn Conner, June Davis, Henry Esterson, Stephen Freeder, Sidney Frenkel, Adrienne Frenkel, Harvey Golding, John Gordon, Pamela Grant, Lawrence Green, Sylvia Green, Alan Greenberg, Heather Hawkes, Sylvia Jay, Maureen Lazarus, Rita Lebetkin, Frances Litkin, Jean Lowi, Brian Marks, Linda Martin, Stephen Mendel, Rosaline Metzger, Jason Palmer, Shirley Palmer, Sandra Pearman, Stephanie Plawner, Adele Rose, Juliet Rose, Simon Rose, Ruth Salah, Michael Seigar, Angela Simmons, Rita Stedman, Simon Stern, Maureen Summers, Blanche Van Gelder, Ronald Weinberg, Derek Wigul, Scott Wigul.

Condolences to the Family of Gerald Fox

19 th January 2025	Gerald Weiland	Waltham Abbey	11.30am
Husband of Rita Weiland			
26 th January 2025	Harry Cohen	Waltham Abbey	11.00am
Father of Debra Gershon			
26 th January 2025	Alan Bronzite	Waltham Abbey	11.30am
Brother of Louis Bronzite			
2 nd February 2025	Helen Flax	Waltham Abbey	12noon
Mother of Andrew Flax			





Sedra Synopsis: Vayishlach

Yaakov sent angels to inform his brother Esav that he is returning home, after decades away. Yaakov's message offered Esav the chance to make peace, while conveying Yaakov's own strength. The angels returned, warning Yaakov that Esav was approaching with 400 men. Yaakov became afraid, divided his camp into two and prayed to God for survival.

Yaakov sent copious gifts to Esav, hoping to appease him. That night, Yaakov's family crossed over the Yabok stream. While Yaakov was alone, he was attacked by 'a man', identified by the Midrash as the ministering angel of Esav. They wrestled until dawn. The 'man', unable to defeat Yaakov, dislocated Yaakov's hip. The 'man' then told Yaakov that his name will later change to 'Yisrael' and blessed him.

As Esav approached, Yaakov bowed to him seven times. Esav embraced and kissed Yaakov, and they both wept. Each person in Yaakov's family bowed to Esav. Yaakov urged Esav to accept the gifts that he had sent. Esav suggested that he and Yaakov travel together, but Yaakov politely declined.

Esav departed for Seir and Yaakov travelled to Succot and then Shechem. Dinah was captured and violated by Shechem the son of Chamor, ruler of the town. Shechem fell in love with Dinah and asked his father to secure her as his wife, whilst still holding Dinah captive. Yaakov's sons were outraged.

Chamor spoke to them, suggesting that their two families unite in marriage, offering them trade and land prospects. Shechem offered a large dowry for Dinah. Yaakov's sons tricked Chamor and Shechem – they offered the Israelite girls only if all the town's males were circumcised. Chamor and Shechem agree; all the men of the town circumcised themselves. Three days later, while they were in great pain, Shimon and Levi killed them all, took Dinah back and plundered the town. Yaakov rebuked them.

God appeared to Yaakov, telling him to go back to Beit El, where he originally built an altar when escaping from Esav. As the angel had previously foretold, God changed Yaakov's name to Yisrael.

Rachel died whilst giving birth to Binyamin and was buried in Beit Lechem. Yitzchak died, aged 180. He was buried by Esav and Yaakov. Esav's descendants are listed.

The Torah lists eight Edomite kings and their origins.

Shabbat Shalom, Rabbi Steven, Siobhan, Maya and Talia Dansky

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