

Shabbat, 9<sup>TH</sup> November 2024 /8<sup>TH</sup> Cheshvan 5785

Shabbat Lech Lecha

## Shabbat Service Times

Shacharit

No Mincha Service

Shabbat Ends

Next Friday: Candle Lighting &

Kabbalat Shabbat



9.30pm

5.10pm

3.56pm

*This week's Cranbrook News is kindly sponsored by  
Deana Green in loving memory of her father, Michael Wyburn, Micha'el Ben Yitzchak, z"l.*



To Ollie Student on his Barmitzvah this weekend.

To Nicole, Gary and James Student on Ollie's Barmitzvah.

To Stephanie and Harvey Student on grandson, Ollie's Barmitzvah.

To Shirley and Harold Davis-Merrian on their 35th (Coral) Wedding Anniversary.

To Ruth Russell, and Liam Vernon on their respective Birthdays.

***This week's Kiddush is kindly sponsored by Nicole and Gary Student to celebrate their son  
Ollie's Barmitzvah***

## Torah Reading

Leyning: Lech Lecha

Rabbi Danksy

Sefer Genesis 12:1-17:27

Artscroll p54, Cohen/Soncino P60 Hertz p45

Haftorah: Isaiah 40:27-41:16

Martin Bloomberg

Rishon/Maftir

Ollie Student

Artscroll p1133, Cohen/Soncino P82 Hertz p60



## WEEKLY SERVICE TIMES W/B 10<sup>TH</sup> NOVEMBER

Shacharit – at Ilford Federation Synagogue

Sunday at 8.30am; Monday at 7.20am, and Tuesday at 7.30am.

Shacharit –at Cranbrook United Synagogue

Wednesday at 7.30am, Thursday at 7.20am and

Friday 7.30am

Mincha at Chabad Gants Hill at 1.30pm Monday to Thursday

Mincha/Ma'ariv at Ilford Federation Synagogue

Sunday Mincha/Ma'ariv at 4.00pm, Ma'ariv Monday and Tuesday at 7.30pm

Ma'ariv at Cranbrook United Synagogue Wednesday 7.30pm & Thursday at 7.30pm

**Please see website & noticeboard for full list of weekly service times**





**FREE  
COFFEE  
MORNING**

BEIT HALOCHEM  
**BHOUK**  
REHABILITATING  
WOUNDED VETERANS

Join us for Coffee, Tea, Cakes and Biscuits

With a Beit Halochem Veteran coming from Israel  
And special guest speaker Rev Hayley Ace

**TUESDAY 12TH NOVEMBER  
2024**



**11:00am -12:30pm**

**At Cranbrook  
United  
Synagogue**

**All donations  
gratefully received**



To book call the office on 0208 629 2780  
or email [admin@cranbrooksynagogue.org](mailto:admin@cranbrooksynagogue.org)  
Or book online using

<https://myus.theus.org.uk/events/117168/coffee-morning-for-beit-ha-lochem/>

**LUNCH**

**£8 per  
person**

**And Learn**

DATES

**5 November  
19 November  
3 December  
17 December**

**12:30pm**

*Delicious Food, Fascinating Conversation!*

Please RSVP by Friday at 12PM by calling  
0208629-2780, or email [admin@cranbrooksynagogue.org](mailto:admin@cranbrooksynagogue.org)



**We wish the following members, who have Yahrzeit in the coming week, a long life: -**

Samuel Agasee, Helen Bannister, Sidney Berman, Melanie Bernstein, Alan Bernstein, Sonia Black, Rafi Caplin, Bernard Chaplin, Ruth Clifford, Sandra Coren, Stephen Coren, Joan Dobin, Rosalind Faw, Suzanne Finger, Michael Finger, Muriel Franklyn, Sylvia Frydland, Muriel Godfrey, Julian Gold, Ruth Gold, Lionel Goldberg, Joseph Gordon, Shelley Hart, Myrtle Holman, Sharon Kantor, Bernard Klinger, Michael Kravitz, Diane Lee, Alma Levene, Lionel Levine, Lesley Levy, Michael Levy, Maureen Lewis, Mildred Luton, Suzette Martin, Stephen Mendel, Rhona Morris, Maureen Nieberg, Marilyn Nieman, Stuart Nieman, Jeffrey Pinkus, Irene Placks, Joyce Rabin, Sarah Roat, Frances Robin, Adele Rose, Juliet Rose, Simon Rose, Lilian Rosenberg, Shirley Rosenthal, Lee Russell, Patricia Russell, Tracey Sanett, Leah Shamplin, Barbara Shamplina, Stuart Sherman, Julian Silver, Lorraine Silver, Rita Stevens, Doreen Wajchandler, Victor Wallen, Susan Wells, Melvyn Windsor, Gina Winton.

**Condolences: Family of Rita Ruben**

|                                |                |               |           |
|--------------------------------|----------------|---------------|-----------|
| 17 <sup>th</sup> November 2024 | Marion Frankel | Waltham Abbey | 11.00am   |
| Mother of Stacy Robertson      |                |               |           |
| 24 <sup>th</sup> November 2024 | Annette Luder  | Waltham Abbey | 11.30am   |
| Mother of Susan Bluman         |                |               |           |
| 8 <sup>th</sup> December 2024  | Miriam Stein   | Waltham Abbey | 12.00noon |
| Mother of Rosalind Raphael     |                |               |           |
| 19 <sup>th</sup> January 2025  | Gerald Weiland | Waltham Abbey | 11.30am   |
| Husband of Rita Weiland        |                |               |           |

***Sedra Synopsis: Lech Lecha***

*God appeared to Avraham telling him to leave his homeland, and travel to a land "that God would show him", where he would flourish and father a great nation. Avraham takes his wife Sarah, his nephew Lot and his entire household. They arrive in Cana'an. Avraham travels throughout the Land. Famine struck and they are forced to go down to Egypt in order to survive. Afraid of being killed if the Egyptians discover that the beautiful Sarah is his wife, Avraham asks her to say she is his sister. Pharaoh's officers take Sarah away to their master's house. They give Avraham copious gifts as 'payment'. God struck Pharaoh with a plague. Suspecting that Sarah may in fact be Avraham's wife, Pharaoh confronts Avraham and then orders him and Sarah to leave. They travel back to Cana'an with Lot.*

*Arguments broke out between the shepherds of Avraham and Lot. Avraham suggests that they part ways. Lot chooses to live in the immoral city of Sedom. God appeared to Avraham and promised that his offspring, who will be countless, shall inherit the Land.*

*A war broke out among nine kings. The king of Sedom was defeated and Lot was taken captive. This prompted Avraham to mobilise his small force, which miraculously defeated the victorious kings and rescued Lot.*

*Avraham relayed his pain to God at being childless. God tells him that his offspring will be countless, like the stars. Wary of future sins, Avraham asked for a hint as to how his offspring will merit to keep the Land. God instructed Avraham to cut up several animals, indicating that the future Temple offerings will protect the nation. Birds of prey descend on the carcasses. Avraham fell into a deep sleep. God tells him that his offspring will be enslaved in a foreign land for 400 years.*

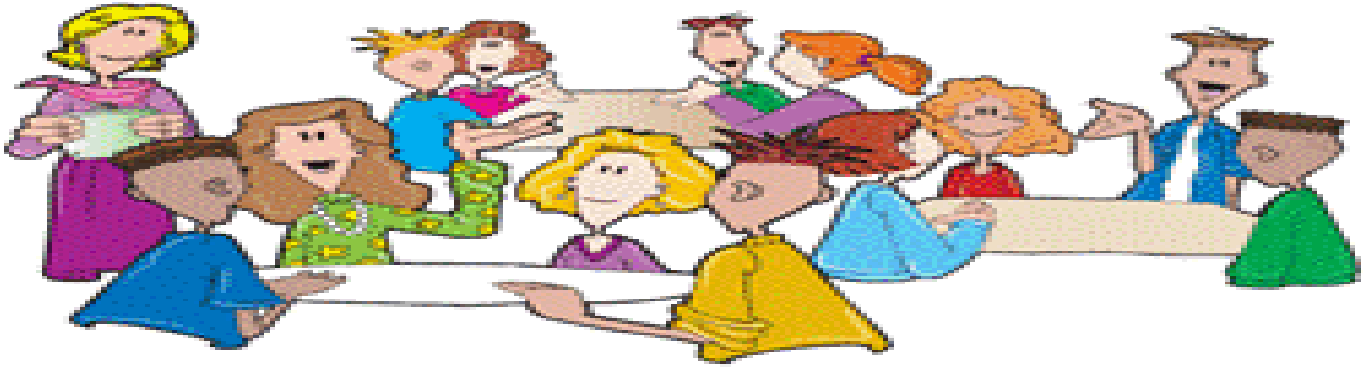
*Sarah, still childless, tells Avraham to take her maidservant, Hagar, as a second wife. Hagar became pregnant and is disrespectful to Sarah, who sends her away. An angel appears to Hagar in the desert, telling her to subjugate herself to Sarah. Hagar gives birth to Yishmael. God instructs Avraham in the mitzvah of brit milah. God says that Sarah will have a child, Yitzchak. Avraham circumcises both himself and Yishmael.*

**Shabbat Shalom, Rabbi Steven, Siobhan, Maya and Talia Danský**

**Cranbrook United Synagogue, Beehive Lane, Ilford, Essex. IG1 3RT, Tel: 020 8629 2780 email:**

**[admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk) Website: [www.cranbrooksynagogue.org.uk](http://www.cranbrooksynagogue.org.uk)**





Please note that Rabbi Dansky's weekly Shiurim will now take place via Zoom on Wednesdays at 10.00am.

Next Shiur - 13th November 2024

*Join Zoom Meeting*

<https://us02web.zoom.us/j/81216388053?pwd=8zFFeGWhmCBlix9o4j8Gb4mfnsxRJ6.1&from=addon>

*Meeting ID: 812 1638 8053*

*Passcode: 403506*

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FOR FURTHER DETAILS

Call Office on 020 8629 2780 or Email – [admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk) for details.