



CRANBROOK NEWS

22 Beehive Lane ● 020 8629 2780



Shabbat, 17th August, 2024 / 13th Av, 5784 Pirkei-
Avot Chapter 4

Service Times

Mincha followed by Kabbalat Shabbat

7pm

Shacharit followed by Kiddush

9.30am

No Mincha or Ma'ariv service

Shabbat Ends

9.11pm

Next Friday: Mincha / Kabbalat Shabbat at **7pm - Light Candles 7.40pm (7.52pm)**

This week's Kiddush is kindly sponsored by Kim and Michael McNally on the occasion of Ciaran's Barmitzvah.



To Anita & Sol Macatonia on their 71st Wedding Anniversary.

To Melanie & Alan Bernstein on their 40th (Ruby) Wedding Anniversary.

To Hannah & Richard Helman on the birth of a baby girl, Ivy Penelope.

To Helena Helman on the birth of a granddaughter, Ivy Penelope.

To Ciaran McNally on his Barmitzvah this weekend, and to Kim, Michael & Riley McNally on Ciaran's Barmitzvah this weekend

To Lisa and Simon Alexander on the marriage of their daughter Chloe to Brett this weekend.

To Anita Conway, Sidney Schlesinger, Irene Sumray and Tanya Waterman and on their respective birthdays

Torah Reading

Leyning: Va'etchanan

Rabbi Dansky/Rabbi Laitner

Sefer Deuteronomy 3:23-7:11

Artscroll p 958, Cohen/Soncino p 1008, Hertz p 755

Haftorah: Isaiah 40:1-26

Simon Stern/Ciaran McNally

Artscroll p 1196, Cohen/Soncino p 1028 Hertz p 776

If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News.

In the forthcoming weeks, there are many dates that are available.

The cost of sponsoring Cranbrook News is £15. Please call the shul office for more information

Children's Service: 10.30am

Regular Weekday Services: Sunday, Monday, and Tuesday at **Ilford Federation Synagogue;** Wednesday, Thursday, and Friday at **Cranbrook United Synagogue.**

Shacharit: Sunday & Public Holidays at **8.30am.**

Shacharit: Monday & Thursday at **7.20am.** Tuesday, Wednesday, and Friday at **7.30am.****Rosh Chodesh Shacharit:** Sunday at **8.30am;** Monday to Friday at

7.10am.**Mincha / Ma'ariv:** Sunday, Monday, Tuesday, Wednesday Thursday at 7.30pm

**Dates for the
Diary**

August	
<i>Shabbat 17th</i>	<i>Shabbat Nachamu</i>
<i>Shabbat 24th</i>	<i>Shabbat Ekev</i>
<i>Shabbat 31st</i>	<i>Shabbat Mevarachin HaChodesh</i>
September	
<i>Wednesday 3rd</i>	<i>Weekly Shiur with Rabbi Dansky</i>
<i>Shabbat 7th</i>	<i>Shabbat Shoftim</i>
<i>Sunday 8th</i>	<i>Afternoon Tea Extravaganza with Laurence Marks & Maurice Gran</i>
<i>Shabbat 14th</i>	<i>Shabbat Ki Tetze</i>
<i>Shabbat 21st</i>	<i>Shabbat Ki Tavo</i>

Afternoon Tea Extravaganza

Please call or [e-mail](mailto:admin@cranbrooksynagogue.org.uk) the Office to book for **Sunday 8th September 2024 - 2.30-5.00pm.**

This event is selling fast - please book by Friday 24th August 2024 at 12noon to secure a ticket.

Call 020 8629 2780 or e-mail admin@cranbrooksynagogue.org.uk



OUR RISE TO FAME
A talk presented by
Laurence Marks & Maurice Gran
In memory of Norman Bick

Sunday 8 September
2.30pm-5.00pm
£17.50 per person
Includes a celebrity afternoon tea

Book your ticket by calling 020 8629 2780 or email admin@cranbrooksynagogue.org.uk

7/10

SCAN TO ADD
TO CALENDAR



COMMEMORATIVE WEEKEND

5-7 October



Including a major public gathering on Sunday, October 6th

More partners to be announced



We wish the following members, who have Yahrzeit in the coming week, a long life: -

Ruth Abrahams, Jack Alter, Edwina Berg, Kenneth Black, Rose Blitz, Jacqueline Chesler, Alan Coleman, Stephen Colman, Frank Eisen, Gertrude Fagelson, Beverley Gold, Sheila Graham, Sheila Green, Howard Green, Helen Harris, Dorothea Jacobs, Sandra Keller, Janet Kennard, Lillian Kirsch, Deanna Klein, Allan Krist, Leonard Krist, Helena Leibowitz, Ian Lenchner, Barbara Lennard, Edward Leon, Norma Levinson, Mildred Luton, Jacqueline Maslin, Barbara Mervish, Bradley Mervish, Barbara Metselaar, Henry Moss, Jean Prince, Tina Regan, Geoffrey Riesel, Joan Rose, Philip Rose, Irene Rosenberg, Gerda Rosenberg, Rita Ruben, Rosalie Shaffron, Rita Shaw, Michael Silver, Andrea Sint, Martin Solomons, David Sopher, Marie Sopher, Geoffrey Stean, Simon Stern, Phyllis Stillerman, Irene Sumray, Adrienne Vickers, Derek Wigul, Sylvia Zilesnick.

***Condolences to:
Forthcoming stone-settings***

1 st September	Michael Wyburn	Rainham	11.15am
Father of Deana Green			
1 st September	Leon Russell	Waltham Abbey	10.30am
Father of Ian Russell			
1 st September	Doreen Schlesinger	Waltham Abbey	11.30am
Daughter of Anne & Sidney	Schlesinger		
8 th September	Monica Mann	Waltham Abbey	11.00am
Mother of Graham Mann			
8 th September	Jean Sanett	Waltham Abbey	1.00pm
Mother of Shelley Hart			

News and Views

In this week's parasha, there is a paragraph which is well known to many of us. It is the first paragraph of the Shm'a. The words "Listen O Israel The Lord is your G-d, the Lord is One" are incredibly powerful. The words of the Shma are central to every single Jewish person. It is one of the first prayers that Jewish children, and it is also the last prayer that is said before a person passes on from this world into the next. It is the most important prayer, so important that people have died with the words Sh'ma Yisrael on their lips.

An important line from the Sh'ma is the commandment to "let these things which I am teaching you today "i.e. the study of Torah" on your heart". One would have thought that the study of Torah is something that we understand, the province of the mind. However, the Torah tells us that the place of Torah is the heart, one's emotions. Why should this be?

Recently, I have been learning about a character called Doeg who caused untold troubles for David before he became King of Israel. Doeg tried to get David killed on multiple occasions, and ensured that Saul, the current king, was jealous of David and desired his death. One would have thought that Doeg was unlearned in Torah to act in such unscrupulous and vindictive ways. Yet, he is described as the chosen of Saul's shepherds, a euphemistic description as being the greatest in his generation, the head of the Jewish court (Beit Din). He was a genius, unparalleled in Jewish Law. Why did the Torah and its study not protect him from acting in such a destructive way?

The Talmud answers that Doeg only studied the Torah on an external level. Torah was something that he knew intricately, but he never allowed the Torah to be something which became relevant to him on a personal level. He was a subject matter expert, but that expertise did not seep into his being. It is for this reason that the Torah didn't protect him.

This is the meaning of our verse in Shm'a. The words of Torah should be on "our hearts" because Torah it needs to penetrate all the way into our hearts. When we see Torah as more than an ancient book of wisdom, and instead realise it has relevance to us all, here and now in the 21st century, that it is essential to how we live our lives is the moment that Torah will transform us all and help us to grow and achieve our potential.

Shabbat Shalom from

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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