



CRANBROOK NEWS

22 Beehive Lane ● 020 8629 2780



Shabbat, July 6th, 2024 / Sivan 30th, 5784
Korach / Rosh Chodesh / Pirkei-Avot Chapter 4

Service Times

Mincha followed by Kabbalat Shabbat	7pm
Shacharit followed by Kiddush	9.30am
No Mincha or Ma'ariv service	
Shabbat Ends	10.23pm
Next Friday: Mincha / Kabbalat Shabbat at 7pm - Light Candles 7.40pm (9.00pm)	



Josephine & Kenneth Wayne on their Wedding Anniversary.
 Marsha & Philip Curtis on their Wedding Anniversary.
 Susan & Howard Cramer on their Sapphire (45th) Wedding Anniversary.

Kitty Adleman, Samuel Agasee, Harvey Bourne, Graham Kaufman, Sidney Kaye, Leonard Nessick, Russell Prince, Elisha Rosenberg, and Adrienne Vickers on their respective birthdays.

Monica and Phillip Cohen on the engagement of their grandson Mendy to Bailia Muller.

Torah Reading

Leyning: Korach	<i>Rabbi Steven Dansky</i>
Sefer Bamidbar: 16:1-18:32	
Artscroll p 820, Hertz p 638, Cohen/Soncino p 879	
Maftir: Bamidbar: 28:9-15	
Artscroll p 890, Hertz p 695, Cohen/Soncino p 945	
Haftarah: Isaiah 66:1-24	<i>Alex Kent</i>
Artscroll p 1208, Hertz p 944, Cohen/Soncino p 1188	

If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News.

In the forthcoming weeks, there are many dates that are available.

The cost of sponsoring Cranbrook News is £15.

Please call the shul office for more information.

Children's Service: 10.30am

Regular Weekday Services: Sunday, Monday, and Tuesday at **Ilford Federation Synagogue;** Wednesday, Thursday, and Friday at **Cranbrook United Synagogue.**

Shacharit: Sunday & Public Holidays at **8.30am.**

Shacharit: Monday & Thursday at **7.20am.** Tuesday, Wednesday, and Friday at **7.30am.**

Rosh Chodesh Shacharit: Sunday at **8.30am;** Monday to Friday at **7.10am.**

Mincha / Ma'ariv: Sunday, Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

Clarification regarding the Shabbat times during the summer months

July

Tuesday 2nd @ 12.30pm *Lunch & Learn with Rabbi Dansky*

Wednesday 3rd @ 11am *Rabbi Dansky Weekly Shiur*

Shabbat 6th *Rosh Chodesh Tammuz*

Sunday 7th *Rosh Chodesh Tammuz*

Wednesday 10th @ 11am *Rabbi Dansky Weekly Shiur*

Tuesday 16th @ 12.30pm *Lunch & Learn with Rabbi Dansky*

Wednesday 17th @ 11am *Rabbi Dansky Weekly Shiur*

Tuesday 23rd *Fast of Tammuz*
Starts - 2.31am / Ends 9.55pm
Start of 3 Weeks

Wednesday 24th @ 11am *Rabbi Dansky Weekly Shiur*

Wednesday 31st @ 11am *Rabbi Dansky Weekly Shiur*

August

Shabbat 3rd *Mevarachim HaChodesh*

Monday 5th *Rosh Chodesh Av*

Ordinarily Shabbat begins 18 minutes before sunset. However, as we enter the long days of summer in our community, we will be bringing Shabbat in at the earlier time of **7.40 pm.**

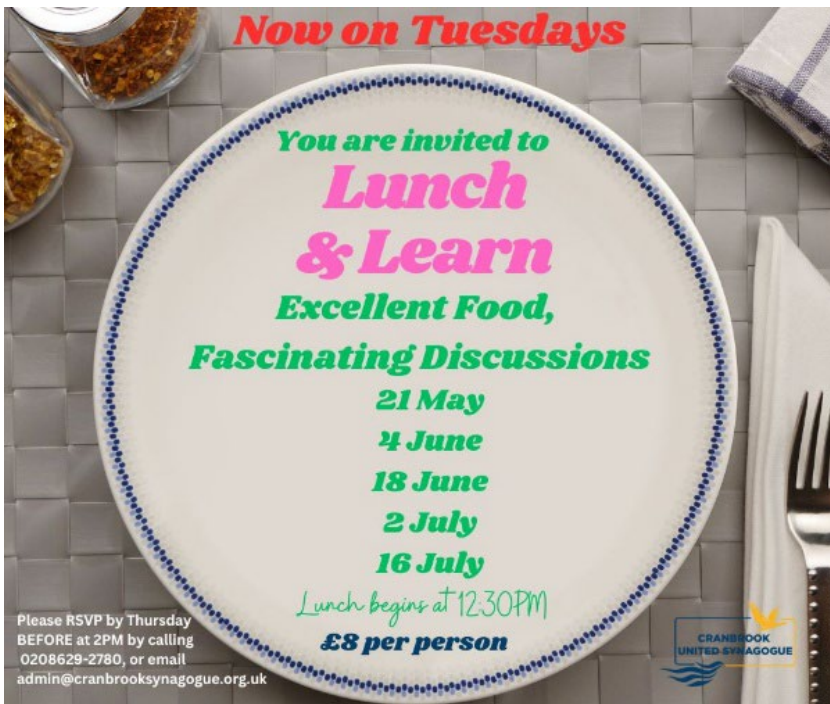
This will allow our members to have their Friday night meal at a more convenient hour.

For the benefit of our members who are unable to light candles with the rest of the community at **7.40 pm**, we have put the latest time for candle lighting in brackets. **Kabbalat Shabbat will take place at 7pm throughout the summer.**

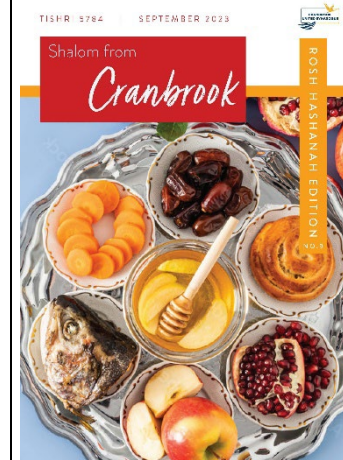
We wish the following members, who have Yahrzeit in the coming week, a long life: -

Bernice Barber, Anne Barber-Herlitz, Raymond Benn, Melanie Bernstein, Nadia Bernstein, Stacey Bourne, Lorraine Brett, Rosalind Burns, Natasha Cripps, Mildred Davies, Sandra Dollow, Hilary Finney, Doreen Golding, Andrew Goldman, Robert Goldman, Jane Greenberg, Lauren Herst, Jeanette Kaye, Sandra Keller, Shirley Kravitz, Ingrid Lancod, Barbara Langer, Ida Lawrence, Barbara Lennard, Leslie Martin, Michelle Mervish, Claire Michaels, Janet Mitchell, Simon Myers, Alan Myers, David Nathan, Sandra Nerden, Mandy Perez, Stuart Pessok, Bernice Phillips, Gary Phillips, Victor Reuben, Sarah Roat, Evelyn Rose, Estelle Rosenbloom, Sharon Rosenbloom, Betty Rothfarb, Ann Russell, Harvey Saunders, Sidney Schlesinger, Eleanor Sencial, Rita Shaw, Alan Shone, Laura Shone, Marilyn Shone, Yvonne Silverberg, Lynda Simmons, Angela Simmons, Cynthia Simmons, David Sopher, Marie Sopher, Astrid Tartes, Kevin Vyner, Susan Wells, Marian Woolf and Lynne Worth.

Lunch & Learn



Rosh Hashanah 5785 - Shalom Magazine



We are now working on the Rosh Hashanah 5785 Edition No 10 of the Shul Magazine.

If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to Philippa Stanton at stanton.philippa@gmail.com.

All articles, pictures and stories must be received by **24th July 2024**. I have already started collecting new articles, so please email me as soon as you can!

I look forward to hearing from you.

Please call or e-mail the Office to book for **Tuesday, 16th July** by **2pm** on **Thursday, 11th July**.

Call 020 8629 2780 or e-mail admin@cranbrooksynagogue.org.uk

Condolences to: The families of Cissie Ackerman, Sheila Benson, Stanley Weston & Alan Singer.

Forthcoming stone-settings

7 th July 2024	Barbara Gordon	Waltham Abbey	Noon
Mother of Elaine Smart			
14 th July 2024	Joy Peterson	Waltham Abbey	11.30am
Mother of Adrian Samuels			
14 th July 2024	Kitty Dessau	Waltham Abbey	1pm
Mother of Steven Dessau			
21 st July 2024	Warren Maslin	Waltham Abbey	10.30am
Husband of Jacqueline Maslin			
25 th July 2024	Freda Goldstein	Bushey	10.30am
Mother of Joanne Cowan			
28 th July 2024	Leslie Palmer	Waltham Abbey	10.00am
Husband of Shirley Palmer, Father of Jason Palmer			
28 th July 2024	Michael & Linda Cohen	Waltham Abbey	12.30am
Parents of Fiona Brooks			
28 th July 2024	Simone Kramer	Waltham Abbey	11.00am
Mother of Susan Delin, Sister of Rita Haberman			

News and Views

This week's parsha deals with the spies, and how they are sent into the land of Canaan to bring back a report for the Jewish people. The Torah tells us that 10 out of the 12 spies returned with a negative report about the land of Israel. They said that the land of Canaan has strong armies, that they were barricaded by defences up to the heavens. There are giants in the land, the spies claimed, and the land will literally consume them all.

The Jewish people hear this negative report, and they cry. They say: It is because G-d hates us that He took us out of Egypt, only to get us destroyed by the Emori", one of the nations that live in the Land of Canaan.

There is a major question which needs to be dealt with here. G-d had promised the Jewish people that they would be able to conquer the land of Israel from their enemies. They had seen G-d's power- his ability to crush the most powerful nation in the known world of the time -the Egyptians were completely wiped out as a military force single-handedly by G-d. Why did the Jewish people not trust that G-d would do the same thing again? Did they lack faith in G-d? After everything that they had seen, everything that they had experienced, why did they lack faith? The spies themselves were not people who lacked faith. They are described as men of stature, the heads of Israel. The future leaders of Israel were included amongst these 12 spies. Joshua only featured at number five in the list, which means that 5 others had greater potential than he did. Yet Joshua becomes the leader of the Jewish people after Moshe's passing. Where did they go wrong?

The commentators all pick up on one issue - the spies were scared. They were frightened of going from the known - the comfortable, into the unknown. In the desert, as miraculous as their existence was, it was comfortable - it was known - it was the status quo. Now, they were being asked to move to a place in which they no longer got food from heaven, no longer had clothes which never needed washing, no longer had direct contact with G-d. They were moving into the unknown, and this caused them to have incredible terror.

The spies' reaction shows what happens when fear hits. First off, they turn assumptions into facts. They assume that they can't defeat their enemies, and that becomes a fact. Their ability to think logically - to know that they have a superpower on their side like G-d, gets thrown out of the window - the enemy is so strong, they say, it can defeat even G-d! They start to spread lies which links into their beliefs about themselves - the land will eat us up. Lastly, and most importantly - their confidence in themselves gets shot to pieces. They say: We were like locusts in the eyes of the people of Canaan - so small and insignificant that we could never mount an attack against them, and therefore there is no way we could contend with them.

Fear debilitates. It weakens us. It stops us thinking. It stops us being logical. It destroys our sense of self-worth. It is so powerful. Controlling our fear when it hits can literally change our lives. It helps us to think clearly. It helps us make the right decisions. It allows us to know we have overcome something that could have debilitated us, and that should give us confidence as we move into the future.

I wish you all a peaceful Shabbos

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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